



Home of the Panthers

HOW TO MAKE SENIOR
YEAR WORK FOR YOU...

Demonstrate 21st century skills for jobs not yet created.

Learn to:

- Evaluate, access and manipulate different forms of information
- Exercise **critical thinking**
- Exhibit fluency with **technology**



Create & Collaborate

- Employ **problem solving skills**
- Demonstrate **cross-cultural awareness**
- **Communicate** complex ideas effectively
- Work successfully as a **team**

There are plenty of choices at MPHS!

- ▶ What do you want to do with the time that is left?
 - ▶ Earn college credits taking a dual enrollment or AP class?
 - ▶ Participate in a performance?
 - ▶ Travel with a club?
 - ▶ Complete an internship?
 - ▶ Win a league championship? State championship?
 - ▶ Gain new interest by taking on a different elective?

Let's make your senior year the best one yet!

Co-Curricular Activities

& Academic Teams

∅ Bio, Chem, Math

∅ Physics I & II

& Band & Chorus

& Clubs

∅ Chess, French,
Spanish, Spectrum,
Interact

& Drama

& Musical



Standardized Test Requirements for Graduation

New Jersey Graduation Proficiency Assessment (NJGPA)

- ⌘ New test for the 2021-2022 school year.
- ⌘ Test will be given in March 2022
- ⌘ All students must take the assessment
- ⌘ Assessed on English and math

Graduation Requirements For Class of 2023

Students must take the NJGPA, and have an opportunity to pass one from each column

ELA

- ⌘ NJSLA ELA 9 ≥ 750
- ⌘ NJSLA ELA 10 ≥ 750
- ⌘ NJSLA ELA 11 ≥ 725
- ⌘ SAT ≥ 22
- ⌘ ACT ≥ 16
- ⌘ PSAT 10 ≥ 22
- ⌘ Accuplacer ≥ 6
- ⌘ ASVAB ≥ 31

Math

- ⌘ NJSLA Algebra I ≥ 750
- ⌘ NJSLA Geometry ≥ 725
- ⌘ NJSLA Algebra II ≥ 725
- ⌘ SAT ≥ 22
- ⌘ ACT ≥ 16
- ⌘ PSAT 10 ≥ 22
- ⌘ Accuplacer ≥ 76
- ⌘ ASVAB ≥ 31

Option 2

Option 2 is an elective course for senior students who have fulfilled their standardized test graduation requirement:

- Credits for Option II are determined based on the number of hours per week.
 - ∅ Full year courses are 5 credits.
 - ∅ Semester courses are 2.5 credits.

Option 2

School to Work:

Students have classes in the morning and then go to their job/internship in the afternoon.

Sample Senior Schedule:

1. English IV
2. PE/Health 12
3. Elective
4. Elective
5. Elective
6. Lunch
7. College and Career
Readiness (free period)
8. Option 2

Option 2

Career Internship:

Students participate in unpaid, structured learning experience in a career-focused position



Some internship programs that have been offered in the past:

- ⌘ AP Physics (Virtual Classroom)
- ⌘ Bergen Police and Fire Academy
- ⌘ Career Internship
- ⌘ Cosmetology
- ⌘ Day Care
- ⌘ Fashion Institute of Technology NYC
- ⌘ Valley Hospital
- ⌘ Work Experience
- ⌘ Dual Enrollment BCC – Western Civilization
- ⌘ Teterboro Airport
- ⌘ Internship at Scott Garret's office

Option 2

Dual Enrollment:

Students start their college career early spending part of their day at MPHS and then enroll in college courses.

On-line courses:

Students interested in taking courses not offered at MPHS may pursue a variety of online courses.



Option 2

Volunteer Service:

Students have the opportunity to provide service to the community and receive high school credits.



Option 2

Application Process:

1. Student needs to pick a category and research an idea.
2. Complete the Option 2 student application
 - Application found on Mrs. Wecht's or Guidance Webpage.
3. Application is reviewed by the Option 2 Committee.

17 Advanced Placement (AP) Courses

- ⌘ AP 2D Art Design
- ⌘ AP Drawing
- ⌘ Biology*
- ⌘ Calculus
- ⌘ Chemistry*
- ⌘ Computer Programming Applications
- ⌘ Computer Programming Principles
- ⌘ English Language (11)
- ⌘ English Literature (12)
- ⌘ French
- ⌘ Macro Economics*
- ⌘ Micro Economics*
- ⌘ Music Theory
- ⌘ Psychology
- ⌘ Spanish
- ⌘ Statistics
- ⌘ U.S. History I & II (AP test given at the end of US Hist. II)
- ⌘ U.S. Government

Dual-Enrollment

- ⌘ Dual-Enrollment classes are weighted as honors classes on the GPA scale.
- ⌘ Students have the potential to earn college credits.
- ⌘ Upon graduation, students will receive credits from the college.
 - Holocaust Studies Honors - *Kean University*
 - Dynamics of Health Care - *Rutgers University*
 - Medical Terminology Honors - *Rutgers University*
 - Computer Programing Honors - *Seton Hall*
 - Web Design - *Seton Hall*
 - App Design – *Seton Hall*

Each course will cost approximately \$300.

New Dual-Enrollment Courses from *Bergen Community College*

✂ Students will have more opportunities to earn college credits.

- Visual and Performing Arts Department
 - Advanced TV Production
 - Broadcasting Field Production
 - Broadcasting Studio Production
 - Digital Journalism
- World Language Department
 - French IV
 - Spanish IV

Each course will cost approximately \$220.
(Registration fee is \$15)

High School Electives

English & Social Studies

- Advanced TV Production
- Broadcasting I: Studio & Field Production
- Creative Writing
- Current World Affairs
- Digital Journalism
- Economics
- Film and Literature
- Journalism
- Shakespeare Performance
- Sociology
- Intro to Psychology
- Holocaust Studies
- 21st Century Media
- U.S. Foreign Policy
- You and the Law

High School Electives

The Arts & World Languages

& Art I

& Band

& Ceramics I & II

& Chorus

& Digital Photography I & II

& Dramatics

& Drawing I

& French I, II, III & IV

& Graphic Design &
Desktop Publishing

& Music Theory

& Painting I & II

& Sculpture

& Spanish I, II, III & IV

& Studio Art

High School Electives

Math & Science

- Accounting
- Applications Design (Apps)
- Astronomy
- Computer Programming
- Dynamics of Health Care
- Environmental Science
- Forensics
- Horticulture
- Introduction to Computers
- Medical Terminology
- Personal Finance
- Pre Calculus
- Robotics
- Sports Medicine
- Statistics
- Web Design

High School Electives Culinary Program

- ‡ Foods & Nutrition (prerequisite for all culinary classes)
- ‡ Baking I
- ‡ Regional Cuisine

PLAN FOR SUCCESS...



Junior Year

- ⌘ Go on Naviance to explore college and career interests
- ⌘ Junior Conferences (letter will be mailed home with more details)
- ⌘ Course Elective Selection (week of January 18th)
- ⌘ Standardized Testing for College Admission in Spring
- ⌘ Finish Junior Year Strong Academically
 - ⌘ NOTE: The grades at the end of junior year are the last grades that go into the cumulative GPA that colleges will see when applying

Planning Your Senior Year

- ⌘ Class placement is based on teacher recommendations
- ⌘ Communicate your academic goals with teachers and guidance counselors
- ⌘ Maintain a rigorous senior year schedule
 - ⌘ Colleges see senior year schedule and can request report cards
 - ⌘ Guidance Office automatically sends mid-year reports (mid-year grades) at the conclusion of semester 1 with a re-calculated GPA

Outdated school of thought → “have an easy senior year”

Planning Your Senior Year

Academic Requirements

This chart should only serve as a *guide*. The courses that a student takes should be determined by interests, future goals, success in previous courses, and teacher recommendations

Course/Subject	MPHS & NJ Graduation Requirements in Years	<u>Minimum</u> Courses for College Entrance in Years	<u>Recommended</u> Courses for College Entrance in Years
English	4	4	4
Mathematics	3	3	4
Science	3	3	3-4
Social Studies	3	3	3-4
World Language	1	2	3-4
Financial Literacy	1/2	1/2	1/2
Physical Education	4	4	4
Electives	3	3	3

Junior Conference

- ‡ Graduation Requirements
- ‡ College Planning Guide
 - ‡ Timelines
 - ‡ Student responsibilities
 - ‡ Important websites
 - ‡ Guidance Office formalities and procedures
- ‡ College/Career Goals
- ‡ Naviance
- ‡ College Visits
 - ‡ On campus and admission reps who visit MPHS
- ‡ SAT/ACT Information

Test Dates 2021-2022

SAT

Test Date	Registration Deadline
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August 28, 2021	July 30, 2021
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October 5, 2021	September 3, 2021
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November 6, 2021	October 8, 2021
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December 4, 2021	November 4, 2021
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March 12, 2022	February 11, 2022
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May 7, 2022	April 8, 2022
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June 4, 2022	May 5, 2022
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Register on collegeboard.org

Cost: \$55

ACT

Test Date	Registration Deadline
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September 11, 2021	August 6, 2021
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October 23, 2021	September 17, 2021
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December 11, 2021	November 5, 2021
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February 12, 2022	January 7, 2022
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April 2, 2022	February 25, 2022
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June 11, 2022	May 6, 2022
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July 16, 2022	June 17, 2022
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Register on act.org

Cost: \$50

\$85 (w/ essay)

There are projected/anticipated test dates for the 2022-2023 school year online in order to start planning to take the SAT/ACT in the fall of senior year.

Naviance

- ⌘ Naviance Student is career and college readiness platform that enables students for self-discovery, career exploration, academic planning, and college preparation.
- ⌘ Guidance Counselors use Naviance to track and analyze data about college and career plans
 - ⌘ Contains admissions data for recent MPHS graduating classes
- ⌘ Naviance is vital in the Guidance Office
 - ⌘ It is an important tool for the college application process for both students and Guidance Counselors
- ⌘ The students' supporting documents (letters of recommendation, transcripts, and school profile) are sent through Naviance.
- ⌘ Parent registration codes are available
- ⌘ Announcements are made on Naviance
 - ⌘ College Reps Visits
 - ⌘ Scholarship Information

Naviance: College Search

The screenshot displays the Naviance website's navigation and content structure. The top navigation bar includes links for Home, Self-Discovery, Careers, Colleges (highlighted), and Planner. The main content area is organized into four columns:

- Left Column (circled in red):**
 - College Home
 - Find Your fit
 - SuperMatch College Search
 - College Match
 - College Events
 - Advanced College Search
 - College Lookup
- Second Column:**
 - Research Colleges
 - Colleges I'm Thinking About
 - College Visits
 - College Compare
 - College Resources
 - Enrichment Programs
 - College Maps
- Third Column:**
 - Apply to College
 - Colleges I'm Applying to
 - Letters of Recommendation
 - Test Scores
- Right Column:**
 - Scholarships & Money
 - College-Specific Scholarships
 - National Scholarship Search
 - Scholarship Search
 - Favorite Scholarships

Student Athletes

- ⌘ Prospective student athletes must access the NCAA eligibility center by the end of their junior year.
- ⌘ Students must be *academically* eligible for athletics
 - ⌘ Each division (division I, II, III) has its own standards/criteria
 - ⌘ Guidance counselors send in transcripts to the NCAA
 - ⌘ Students must submit SAT/ACT test scores to the NCAA (even for test optional schools)
- ⌘ For more information visit the NCAA website

<https://web3.ncaa.org/ecwr3/>

Financial Aid

- ⌘ Helps students and their families pay for college
- ⌘ Covers educational expenses:
 - ⌘ tuition and fees, room and board, books and supplies, and transportation
- ⌘ There are several types of financial aid:
 - ⌘ Grants, scholarships, work study and loans.
- ⌘ Each college has a Financial Aid Office
- ⌘ The Guidance Website has a Financial Aid presentation given in the fall by a representative of HESSA

FAFSA & CSS Profile

& FAFSA

- ∅ The Free Application for Federal Student Aid (FAFSA) is the form to get any financial aid from the federal government
- ∅ No fee required

& CSS Profile

- ∅ An online application to determine eligibility for non-federal financial aid
- ∅ Some (not all) colleges require submission of CSS Profile (must do your own research)
- ∅ Fee required

& Both can be filed as early as October 1st of senior year

Scholarships

- ⌘ Colleges may offer scholarships based on merit and/or need
- ⌘ Corporate Scholarships are listed on Naviance
- ⌘ Local Scholarships are posted in the Daily Bulletin
- ⌘ Announcements/postings are also made on **Class of 2023 Google Classroom**
- ⌘ Due dates for scholarships usually in late winter/spring
- ⌘ Not necessarily just for high achieving academics/merit
 - ⌘ Criteria could be hobbies, activities, potential programs of study (i.e. nursing, business, etc.)

Important Websites

MPHS Guidance Website <http://mphs.mpsnj.org/resources/guidance>

Naviance student.naviance.com/midlandpark

Common App www.commonapp.org

College Board www.collegeboard.org

ACT www.act.org

Fair Test www.fairtest.org

NCAA www.ncaa.org
<https://web3.ncaa.org/ecwr3/>

FAFSA www.fafsa.ed.gov

CSS Profile <https://cssprofile.collegeboard.org/>

Midland Park High School Social Media and District Website

- Instagram: @midlandparkhs
- Facebook: FB.ME/MPSNJ
- Twitter: @mps_nj
- District Website: www.mpsnj.org